

## **Clinical Policy: Naltrexone (Vivitrol)**

Reference Number: CP.PHAR.96

Effective Date: 03.01.12

Last Review Date: 02.18

Line of Business: Medicaid

[Coding Implications](#)

[Revision Log](#)

See [Important Reminder](#) at the end of this policy for important regulatory and legal information.

### **Description**

Naltrexone (Vivitrol<sup>®</sup>) is an opioid antagonist.

### **FDA Approved Indication(s)**

Vivitrol is indicated:

- For the treatment of alcohol dependence in patients who are able to abstain from alcohol in an outpatient setting prior to initiation of treatment with Vivitrol. Patients should not be actively drinking at the time of initial Vivitrol administration\*
- For the prevention of relapse to opioid dependence, following opioid detoxification\*

*\*Vivitrol should be part of a comprehensive management program that includes psychosocial support.*

### **Policy/Criteria**

*Provider must submit documentation (including such as office chart notes, lab results or other clinical information) supporting that member has met all approval criteria.*

It is the policy of health plans affiliated with Centene Corporation<sup>®</sup> that Vivitrol is **medically necessary** when the following criteria are met:

#### **I. Initial Approval Criteria**

##### **A. Alcohol and Opioid Dependence (must meet all):**

1. Diagnosis of one of the following (a or b):
  - a. Alcohol dependence;
  - b. Opioid dependence;
2. If diagnosis is alcohol dependence, recent alcohol screening test (within past 7 days) confirms that member has been alcohol-free;
3. Recent naloxone challenge test or urine drug screen (within past 7 days) confirms that member is opioid-free;
4. Dose does not exceed 380 mg every 4 weeks or once a month.

**Approval duration: 12 months**

##### **B. Other diagnoses/indications**

1. Refer to CP.PMN.53 if diagnosis is NOT specifically listed under section III (Diagnoses/Indications for which coverage is NOT authorized).

#### **II. Continued Therapy**

**CLINICAL POLICY****Naltrexone****A. Alcohol and Opioid Dependence (must meet all):**

1. Currently receiving medication via Centene benefit or member has previously met initial approval criteria;
2. Member is responding positively to therapy;
3. Member does not have concurrent opioid claims per pharmacy record;
4. Evidence of adherence to Vivitrol per pharmacy claims record or provider's notes;  
*\*If not adherent to treatment, member must meet initial approval criteria*
5. If request is for a dose increase, new dose does not exceed 380 mg every 4 weeks or once a month.

**Approval duration: 12 months**

**B. Other diagnoses/indications (must meet 1 or 2):**

1. Currently receiving medication via Centene benefit and documentation supports positive response to therapy.

**Approval duration: Duration of request or 6 months (whichever is less);** or

2. Refer to CP.PMN.53 if diagnosis is NOT specifically listed under section III (Diagnoses/Indications for which coverage is NOT authorized).

**III. Diagnoses/Indications for which coverage is NOT authorized:**

- A. Non-FDA approved indications, which are not addressed in this policy, unless there is sufficient documentation of efficacy and safety according to the off label use policy – CP.PMN.53 or evidence of coverage documents.

**IV. Appendices/General Information**

*Appendix A: Abbreviation/Acronym Key*

FDA: Food and Drug Administration

*Appendix B: Therapeutic Alternatives*

Not applicable

*Appendix C: General Information*

- Opioid-dependent and opioid-using patients, including those being treated for alcohol dependence, should be opioid-free before starting Vivitrol treatment, and should notify healthcare providers of any recent opioid use. An opioid-free duration of a minimum of 7-10 days is recommended for patients to avoid precipitation of opioid withdrawal that may be severe enough to require hospitalization.
- Vivitrol is contraindicated in:
  - Patients receiving opioid analgesics;
  - Patients with current physiologic opioid dependence;
  - Patients in acute opioid withdrawal;
  - Any individual who has failed the naloxone challenge test or has a positive urine screen for opioids;
  - Patients who have previously exhibited hypersensitivity to naltrexone, polylactide-co-glycolide (PLG), carboxymethylcellulose, or any other components of the diluent.

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- Although the safety and efficacy of Vivitrol have not been established in the pediatric population, the consensus opinion of the American Society of Addiction Medication (ASAM) national practice guideline committee is that opioid agonists (methadone and buprenorphine) and antagonists (naltrexone) may be considered for treatment of opioid use disorder in adolescents. The American Academy of Pediatrics recommends that pediatricians consider offering medication-assisted treatment to their adolescent and young adult patients with severe opioid use disorders or discuss referrals to other providers for this service.

**V. Dosage and Administration**

Indication	Dosing Regimen	Maximum Dose
Alcohol and opioid dependence	380 mg IM every 4 weeks or once a month	380 mg/dose

**VI. Product Availability**

Injectable suspension (vial): 380 mg naltrexone in microsphere formulation and 4 mL diluent

**VII. References**

1. Vivitrol Prescribing Information. Waltham, MA: Alkermes, Inc.; December 2015. Available at <http://www.vivitrol.com>. Accessed November 10, 2017.
2. Kampman K, Jarvis M. American Society of Addiction Medicine (ASAM) National Practice Guideline for the use of medications in the treatment of addiction involving opioid use. J Addict Med. 2015 Sept/Oct; 9(5).
3. Kleber HD, Weiss RD, Anton RF et al. Practice guidelines for the treatment of patients with substance use disorders, second addition. American Psychiatric Association. Am J Psychiatry. 2006 Aug;163(8 Suppl):5-82.
4. Practice guideline for the treatment of patients with substance use disorders: alcohol, cocaine, opioids. American Psychiatric Association. Am J Psychiatry. 1995 Nov;152(11 Suppl):1-59.
5. AAP Committee on Substance Use and Prevention. Medication-Assisted Treatment of Adolescents With Opioid Use Disorders. Pediatrics. 2016;138(3):e20161893.

**Coding Implications**

Codes referenced in this clinical policy are for informational purposes only. Inclusion or exclusion of any codes does not guarantee coverage. Providers should reference the most up-to-date sources of professional coding guidance prior to the submission of claims for reimbursement of covered services.

HCPCS Codes	Description
J2315	Injection, naltrexone, depot form, 1 mg

Reviews, Revisions, and Approvals	Date	P&T Approval Date
Converted to Centene policy template	06./13	
Reviewed with no changes recommended	03./14	03./14

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Reviews, Revisions, and Approvals	Date	P&T Approval Date
Reversed references to figure 2 & 3 in Figure 1 (incorrectly directed)	08./14	
Edited Warning: Hepatotoxicity Updated references Added requirement for drug screen within last 7 days. Added requirement for patients to try and fail oral naltrexone. Added requirement of recent drug screening for reauthorization.	02.15	03.15 (02.15 specialist review)
Took out hard limit of one year in Figure 3	06.15	
Policy converted to new template. Criteria: removed requests for documentation; removed 6-month approval limit in the presence of alcohol dependence; removed specific reference to AA; removed reference to liver failure but maintained acute hepatitis per PI; removed trial of oral naltrexone and suboxone; removed requirement for monthly random drug screens; removed requirement for counseling program; removed administration by a healthcare provider. Added safety information in background.	02.16	03.16 (specialist review)
Added participation in psychosocial treatment while on Vivitrol to initial and continued criteria. Removed abstaining from alcohol in an outpatient setting and not actively drinking at the time of initial Vivitrol administration and replaced with a requirement for alcohol screening test. Extended initial approval to 6 months and continued approval to 12 months. Added a time period for which naloxone challenge test/urine drug screen is valid. Certain conditions representing potential contraindications to therapy and other safety criteria removed. Formulations added.	02.17	03.17
1Q18 annual review: - Removed requirement related to participation in psychosocial treatment while on Vivitrol from initial and continued approval criteria. - Modified initial approval duration from 6 to 12 months. - References reviewed and updated.	11.10.17	02.18

**Important Reminder**

This clinical policy has been developed by appropriately experienced and licensed health care professionals based on a review and consideration of currently available generally accepted standards of medical practice; peer-reviewed medical literature; government agency/program

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approval status; evidence-based guidelines and positions of leading national health professional organizations; views of physicians practicing in relevant clinical areas affected by this clinical policy; and other available clinical information. The Health Plan makes no representations and accepts no liability with respect to the content of any external information used or relied upon in developing this clinical policy. This clinical policy is consistent with standards of medical practice current at the time that this clinical policy was approved. “Health Plan” means a health plan that has adopted this clinical policy and that is operated or administered, in whole or in part, by Centene Management Company, LLC, or any of such health plan’s affiliates, as applicable.

The purpose of this clinical policy is to provide a guide to medical necessity, which is a component of the guidelines used to assist in making coverage decisions and administering benefits. It does not constitute a contract or guarantee regarding payment or results. Coverage decisions and the administration of benefits are subject to all terms, conditions, exclusions and limitations of the coverage documents (e.g., evidence of coverage, certificate of coverage, policy, contract of insurance, etc.), as well as to state and federal requirements and applicable Health Plan-level administrative policies and procedures.

This clinical policy is effective as of the date determined by the Health Plan. The date of posting may not be the effective date of this clinical policy. This clinical policy may be subject to applicable legal and regulatory requirements relating to provider notification. If there is a discrepancy between the effective date of this clinical policy and any applicable legal or regulatory requirement, the requirements of law and regulation shall govern. The Health Plan retains the right to change, amend or withdraw this clinical policy, and additional clinical policies may be developed and adopted as needed, at any time.

This clinical policy does not constitute medical advice, medical treatment or medical care. It is not intended to dictate to providers how to practice medicine. Providers are expected to exercise professional medical judgment in providing the most appropriate care, and are solely responsible for the medical advice and treatment of members. This clinical policy is not intended to recommend treatment for members. Members should consult with their treating physician in connection with diagnosis and treatment decisions.

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**Note: For Medicaid members**, when state Medicaid coverage provisions conflict with the coverage provisions in this clinical policy, state Medicaid coverage provisions take precedence.

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Please refer to the state Medicaid manual for any coverage provisions pertaining to this clinical policy.

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