



NH Healthy Families is excited to partner with the New Hampshire Harm Reduction Coalition to offer the virtual training below.

Harm Reduction 101:

Harm reduction involves a spectrum of strategies including safer techniques, managed use, and abstinence to promote dignity and wellbeing of people who use drugs. Harm reduction is a framework for understanding structural inequalities such as poverty, racism, homophobia, and classism and is centered on meeting people “where they are” but not leaving them there. Understanding harm reduction principles, rooted in evidence-based practices, and knowing how to respond to potential overdoses are vital in supporting safer, connected, and empowered individuals.

Date: Wednesday, August 6, 2025

Time: 12pm-1pm

Please utilize the link to register: <https://attendee.gototraining.com/r/5254183887339991811>

Pre-Registration is required, and continuing education hours are not provided for this session. Please reach out to Taylor Murphy at Taylor.Murphy@CENTENE.COM with any questions or if you need assistance.

*This training was created by the New Hampshire Harm Reduction Coalition. In 2017, a small group of concerned individuals working in the fields of healthcare, public health, public service, and recovery services systems formed the New Hampshire Harm Reduction Coalition. NHHRC began by advocating for enabling syringe access legislation and providing direct syringe access and overdose education services to southeastern NH communities. Since then, NHHRC has grown into a statewide effort focused on scaled-up drug user health education and service delivery among health care services providers, local families, and people who use drugs. In its brief history, NHHRC has partnered with a wide range of community stakeholders, private businesses, and non-profit organizations to advance our mission, including key state agencies, the University of New Hampshire, The NH Governor’s Commission on Alcohol and other Drugs, law enforcement, political leaders, and civic associations; and most importantly community members and people who use drugs. NHHRC continues to realize its mission through a comprehensive and evidence-based Overdose Prevention and Response education agenda.

