Before submitting this form, you must complete your Health Risk Assessment Screening available online at NHhealthyfamilies.com in order to be eligible for the Ready for My Recovery rewards** program. Submit your completed form and receive a My Recovery Journey backpack** filled with items and resources to support you in your recovery from substance misuse.

*Some restrictions and limitations apply. Each member can earn up to $250 in cash and non-cash goods and services through June 30 each year.

**For information on how to redeem rewards, please call 2-1-1.

If you need immediate assistance with substance use, please call 2-1-1.

Complete this form and mail to: NH Healthy Families, 2 Executive Park Drive, Bedford, NH 03110-9983

Note: Alcohol use and tobacco/nicotine use are not included as part of this program.