Chronic Condition – DIABETES MELLITUS (DM)

Documentation & Coding Tips:
• Document if patient is seeing a specialist or if another provider is treating the diabetes
• Document and review all medications, especially those pertaining to diabetes
• Document and review all tests ordered and follow up with results

Based on the "with" ICD-10-CM guidelines, DM complicated listed after the term "with" in the alphabetic index has a presumed casual relationship and does not have to be linked by the provider. If the condition is unrelated the provider should document as such that the condition is "unrelated".

• However, complications listed as not elsewhere classified, "NEC", does require the provider to link the diseases together in the documentation.

In the documentation use terms that specify:

**TYPE I Diabetes Mellitus (E10.-)**
- Type I, without complications (E10.9)
- Type I, Inadequately controlled, Poorly controlled, Uncontrolled (Hyperglycemia) (E10.65)
- Type I, Uncontrolled, Hypoglycemia without coma (E10.649)

**TYPE II Diabetes Mellitus (E11.-)**
- Type II, without complications (E11.9)
- Type II, Inadequately controlled, Poorly controlled, Uncontrolled (Hyperglycemia) (E11.65)
- Type II, Uncontrolled Hypoglycemia without coma (E11.649)

**Diabetes Mellitus, due to underlying conditions (E08.-)**
- Document first any underlying conditions, and include documentation to support the type of diabetes:
  - Congential rubella (P35.0)
  - Cushing's Syndrome (E24.-)
  - Cystic fibrosis (E84.-)
  - Malignant neoplasm (C00 - C96)
  - Malnutrition (E40 - E46)
  - Diseases of the pancreas (K85.-, K86.-)

*Example:* Secondary DM due to pancreatic malignancy (C25.9 + E08.9)

**INSULIN USE and Other Oral Diabetic Medications**
- Long term (current) use of insulin (Z79.4)
- Oral Antidiabetic Drugs (Z79.84)
- Oral Hypoglycemic Drugs (Z79.84)

**Diabetic Nephropathy and Chronic Kidney Disease (CKD):**
- Type I (E10.21)
- Type I with CKD (E10.22)
- Type I with Other Diabetic Kidney Complication (E10.29)
- Type II (E11.21)
- Type II with CKD (E11.22)
- Type II with Other Diabetic Kidney Complication (E11.29)

**ALSO** document Stage of Chronic Kidney Disease (CKD):
- CKD, Stage 3, moderate (N18.3)
- CKD, Stage 4, severe (N18.4)
- CKD, Stage 5 (N18.5)
- End Stage Renal Disease, requiring chronic dialysis (N18.6)
- Acute Kidney Failure (N17.9)

**IN ADDITION** document…if applicable
- Dialysis status (Z99.2)
Diabetic Neurologic Complication:

If peripheral neuropathy is only documented, codes default to the polyneuropathy diagnosis.

- Type I DM neuropathy, unspecified (E10.40)  
  - Type II DM neuropathy, unspecified (E11.40)
- Type I DM Mononeuropathy (E10.41)  
  - Type II DM Mononeuropathy (E11.41)
- Type I DM Polyneuropathy (E10.42)  
  - Type II DM Polyneuropathy (E11.42)
- Type I Diabetic (poly)neuropathy (E10.43)  
  - Type II Diabetic (poly)neuropathy (E11.43)
- Type I DM with amyotrophy (E10.44)  
  - Type II DM with amyotrophy (E11.44)
- Type I DM with other Diabetic Neurological Complication (E10.49)  
  - Type II DM with other Diabetic Neurological Complication (E11.49)

IN ADDITION document the manifestation of the disease, i.e. gastroparesis.

Diabetic Ophthalmic Complication:

The 6th character identifies if macular edema is present or not.

- --1 = macular edema  
  - --9 = without macular edema

The 7th character identifies the laterality of the disease.

- ---1 = right eye  
  - ---2 = left eye  
  - ---3 = bilateral  
  - ---9 = unspecified eye

- Type I Unspecified Diabetic Retinopathy (E10.31-)  
  - Type II Unsp. Diabetic Retinopathy (E11.31-)
- Type I Mild Nonproliferative Retinopathy (E10.32-)  
  - Type II Mild Nonproliferative Retinopathy (E11.32-)
- Type I Moderate Nonproliferative Retinopathy (E10.33-)  
  - Type II Moderate Nonproliferative Retinopathy (E11.33-)
- Type I Severe Nonproliferative Retinopathy (E10.34-)  
  - Type II Severe Nonproliferative Retinopathy (E11.34-)
- Type I Proliferative Diabetic Retinopathy (E10.35-)  
  - Type II Proliferative Diabetic Retinopathy (E11.35-)
- Type I Proliferative DM Retinopathy Stable (E10.355)  
  - Type II Proliferative DM Retinopathy Stable (E11.355)
- Type I Diabetic Cataract (E10.36)  
  - Type II Diabetic Cataract (E11.36)
- Type I Other Diabetic Ophthalmic Complication (E10.39)  
  - Type II Other Diabetic Ophthalmic Complication (E11.39)
- Type I Diabetic Glaucoma (H40-H42 code series)  
  - Type II Diabetic Glaucoma (N/A for CMS)

ALSO document the laterality of the disease.

IN ADDITION document the ophthalmic condition related to the diabetes.

Diabetic Skin Complication:

- Type I DM with Other Specified Conditions (E10.69)  
  - Type II DM with Other Specified Conditions (E11.69)
- Type I Diabetic Foot Ulcer (E10.621)  
  - Type II Diabetic Foot Ulcer (E11.621)

IN ADDITION document the site of the ulcer (L97.4-, L97.5-)

- Type I Diabetic Other Skin Ulcer (E10.622)  
  - Type II Diabetic Other Skin Ulcer (E11.622)

IN ADDITION document the site of the ulcer (L97.1-L97.9, L98.41-L98.49)

Diabetes Mellitus in Pregnancy, Childbirth, & Puerperium: (O24.- code series in addition to below):

- Type I DM (E10.1- E10.9)  
  - Type II DM (E11.1- E11.9)
- Other DM due to underlying condition (E08.0 - E08.9)
- Drug or Chemical Induced DM (E09.0 - E09.9)
- Other Specified DM (E13.0 - E13.9)

IN ADDITION document the trimester when the patient is pregnant.

In ADDITION document the manifestation, if applicable, and select the appropriate code from the following code series: E08.-, E09.-, E10.-, E11.-, E13.-