



PARTNERSHIP IN PRACTICE



Payment Policy *Effective November 1, 2026*

September 1, 2026

The following revised policy will be applied as medical claims reimbursement edits with our claims adjudication system. This is in addition to all other reimbursement processes that NH Healthy Families currently employs.

The revised effective date for the policies below is November 1, 2026

Policy Number	Policy Name	Revision	Line of Business (LOB)
NH.PP.50	Psychotherapy Add-On Codes Billed with High-Level Evaluation and Management Services	Establishes reimbursement requirements for psychotherapy add-on codes (90833, 90836, 90838) billed with high-level E/M services (99204, 99205, 99214, 99215). Documentation must support that services are significant, separately identifiable, medically necessary, and non-overlapping	Medicaid

These policies are developed based on medical literature and research, industry standards and guidelines as published and defined by the American Medical Association's Current Procedural Terminology (CPT®), Centers for Medicare and Medicaid Services (CMS), and public domain specialty society guidance.

Visit **[NHhealthyfamilies.com](https://www.nhhealthyfamilies.com)** to find NH Healthy Families Payment and Clinical Policies. Policies can be found on the Provider Resources page under Manuals, Forms & Resources.

Please contact Provider Services at **1-866-769-3085** with any questions.

Sincerely,
NH Healthy Families

