



*It's easy to earn  
my health pays<sup>®\*</sup>  
reward dollars.  
And you decide  
how to use them.*

## USE YOUR my health pays<sup>®\*</sup> REWARDS TO HELP PAY FOR:

- Utilities
- Telecommunications -
- Education
- Expenses for Dental, Chiropractic and Other Medical Services
- Transportation
- Cell Phone Bill
- Rent
- Childcare Services

## OR, YOU CAN USE THEM TO:

- Shop at **Walmart** for everyday items\*\*

We will mail your my health pays<sup>®\*</sup> Visa<sup>®</sup> Prepaid Card\*\*\* to you upon enrollment. You can keep earning my health pays<sup>®\*</sup> rewards by completing more healthy activities. Your rewards will be added to your card once we are notified.

After you complete a healthy activity, we will add the reward dollars you have earned directly to your my health pays<sup>®\*</sup> Visa<sup>®</sup> Prepaid Card\*\*\*.

## Here's what you can earn:

FOR CHILDREN/YOUNG ADULTS	FOR WOMEN	FOR MEN
Health Risk Assessment Screening Completion <b>(Up to \$30)</b> <b>Within 30 days for new members; \$15 annually for existing members</b>	Health Risk Assessment Screening Completion <b>(Up to \$30)</b> <b>Within 30 days for new members; \$15 annually for existing members</b>	Health Risk Assessment Screening Completion <b>(Up to \$30)</b> <b>Within 30 days for new members; \$15 annually for existing members</b>
Well Baby Visits (15 months or Younger) <b>(\$20 for 6 visits)</b>	Well Visit <b>(\$20 per year)</b>	Well Visit <b>(\$20 per year)</b>
Well Child Visits (24 months-21 years) <b>(\$20 per year)</b>	Flu Vaccine <b>(\$20 per year)</b>	Flu Vaccine <b>(\$20 per year)</b>
Flu Vaccine <b>(\$20 per year)</b>	Breast Cancer Screening (Ages 40-74) <b>(\$20 per year)</b>	Prostate Exam (Ages 50 and up) <b>(\$20 per year)</b>
<b>Additional, for Young Adults:</b>	Cervical Cancer Screening (Ages 18-65) <b>(\$20)</b>	Diabetes Care HbA1c Test (Ages 18-75) <b>(\$30)</b>
Cigarettes, Smokeless Tobacco or Vaping Cessation (Ages 12 and up) <b>(\$20)</b>	Diabetes Care HbA1c Test (Ages 18-75) <b>(\$30)</b>	Diabetes Care Retinopathy Screening Annually (Ages 18-75) <b>(\$30)</b>
Mental Health Champion (Ages 12 - 20) <b>(Up to \$50)</b>	Diabetes Care Retinopathy Screening Annually (Ages 18-75) <b>(\$30)</b>	Cigarettes, Smokeless Tobacco or Vaping Cessation (Ages 12 and up) <b>(\$20)</b>
Ready for My Recovery Program (Ages 12 and up) <b>(Up to \$115 in first year)</b>	Cigarettes, Smokeless Tobacco or Vaping Cessation (Ages 12 and up) <b>(\$20)</b>	Ready for My Recovery Program (Ages 12 and up) <b>(Up to \$115 in first year)</b>
	Ready for My Recovery Program (Ages 12 and up) <b>(Up to \$115 in first year)</b>	
	Expectant Mothers <b>(Up to \$100)</b>	

\*Some restrictions and limitations apply. Each member can earn up to \$250 in cash and non-cash goods and services through June 30 each year.

\*\*This My Health Pays<sup>®</sup> Visa<sup>®</sup> Prepaid Card is issued by The Bancorp Bank pursuant to a license from Visa U.S.A. Inc. The Bancorp Bank; Member FDIC. Card cannot be used everywhere Visa debit cards are accepted.

\*\*\*This card may not be used to buy alcohol, tobacco, or firearms products.

Funds expire 90 days after termination of insurance coverage or 365 days after date reward was earned, whichever comes first.

**NHhealthyfamilies.com • 1-866-769-3085 • TDD/TTY: 1-855-742-0123**

# Here are some of the ways you can earn rewards with *my*healthpays<sup>®\*</sup>

Sally earned **\$70\*** by completing her Health Risk Assessment Screening, wellness visit and getting her flu shot.

Tom and Janet earned more than **\$200\*** each by keeping track of their health appointments including: wellness visits, Diabetes management, cancer screenings and getting their flu shots!

Brenda earned **\$100\*** during her pregnancy just by completing the Notice of Pregnancy form within the first trimester. After her baby was born, he started earning reward dollars at his first baby wellness visit (**\$20\***)!

Ben filled out his Health Risk Assessment Screening, went to his wellness visit, got his flu shot and quit vaping: **\$90\***

## Get Started!

Complete your Health Risk Assessment Screening (HRA) one of the following ways:

**1. Go to a Walmart pharmacy kiosk.**

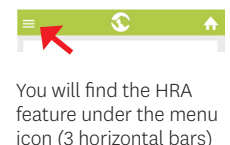
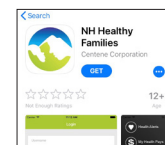
- Scan the QR code on the back of your My Health Pays<sup>®\*</sup> Visa<sup>®</sup> Prepaid Card\*\* at the kiosk.
- Choose **Health Needs Screening** under the list of **Current Programs**.
- Answer the questions about your health. This will help us tailor the care you need.
- Your rewards will be immediately loaded to your card once you're done.



**2. Use the NH Healthy Families Mobile App.**

**3. Log into your online member account.**

**4. Call us: 1-866-769-3085 (TTY: 1-855-742-0123)**



You will find the HRA feature under the menu icon (3 horizontal bars)

\*Some restrictions and limitations apply. Each member can earn up to \$250 in cash and non-cash goods and services through June 30 each year.

\*\*This My Health Pays<sup>®</sup> Visa<sup>®</sup> Prepaid Card is issued by The Bancorp Bank pursuant to a license from Visa U.S.A. Inc. The Bancorp Bank; Member FDIC. Card cannot be used everywhere Visa debit cards are accepted.

Funds expire 90 days after termination of coverage or 365 days after date reward was earned, whichever comes first.

[NHhealthyfamilies.com](http://NHhealthyfamilies.com)

© 2021 NH Healthy Families. All rights reserved.

NH Healthy Families is underwritten by Granite State Health Plan, Inc.

1-866-769-3085

TDD/TTY: 1-855-742-0123