



## **GLP-1 Medications Change in Coverage Effective January 1, 2026**

October 14, 2025

Effective January 1, 2026, NH Healthy Families will no longer cover GLP-1 medications when prescribed solely for weight loss. These medications will continue to be covered when prescribed for other chronic health conditions.

### **What Providers Need to Know:**

- GLP-1 medications (such as Saxenda, Wegovy, and Zepbound and any generic versions) will no longer be reimbursed by Medicaid if prescribed exclusively for weight loss purposes.
- Coverage will remain unchanged for members using GLP-1s as part of a treatment plan for other chronic health conditions such as the treatment of type 2 diabetes, major adverse cardiovascular events (MACE), severe obstructive sleep apnea and Metabolic Dysfunction-Associated Steatohepatitis (MASH).

### **Provider Action Steps:**

- Review current treatment plans for Medicaid members prescribed GLP-1s.  
Discuss alternative weight management options with affected members, such as: Medicaid-covered weight loss medications (if applicable)  
Physical therapy for deconditioning and home exercise programs  
Lifestyle modification programs offered by community organizations

We understand this transition may be difficult for some members. Your assistance in helping them find alternative care options is greatly appreciated. Thank you for your dedication to delivering quality care to our Medicaid population.

Sincerely,

NH Healthy Families