

# EPSDT Well Child Checkups for Your Teen or Child



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*When it comes to your child's health, it's important to know about the services and programs available to help them grow up strong and healthy. Medicaid's Well-Child Visit program is officially known as the Early, Periodic, Screening, Diagnosis and Treatment Program (EPSDT).*



## EARLY

To treat problems soon



## PERIODIC

To set up regular appointments



## SCREENING

To check for a medical problem



## DIAGNOSIS

To find a medical problem



## TREATMENT

To care for a problem

### What is EPSDT?

EPSDT is a well-child visit program designed to make sure that children and teenagers under the age of 21 who are enrolled in Medicaid get the medical services they need.

***The goal of EPSDT is to catch health problems early, provide regular check-ups, and for children to get the treatment needed to stay healthy.***

### Well-child checkups

Regular well-child checkups help your child's health care provider find and treat problems early. Checkups are a time to ask questions about any health concerns.

Individuals under the age of 21 should see their doctor and dentist regularly, even if they aren't sick. Visiting your child's provider when your child is not sick is a chance to get health care guidance for the future.

### When should a child get a checkup?

Call your health care provider to make an appointment and ask for an EPSDT exam. At minimum, your child should get a checkup at the following ages:

**Before age 1:** at 1 week, 1 month, 2 months, 4 months, 6 months, and 9 months.

**Ages 1 – 4 years:** 12 months, 15 months, 18 months, 24 months, 30 months, 3 years, and 4 years.

**Ages 5 – 20 years:** once per year.

Your provider can help you find a schedule that works best for your child.

*Continued on reverse.*

**Scan this QR code with your mobile device to learn about Immunization Guidance for Parents from the New Hampshire Department of Health and Human Services (DHHS) or by visiting [dhhs.nh.gov](https://dhhs.nh.gov).**



1-866-769-3085

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## What happens during a well-child checkup?

Your child or teen will have a complete physical exam. Topics discussed not included during sick child visits:

- Family health history
- How your child is growing
- Shots or tests needed
- Hearing or vision screening
- Blood lead screening
- Eating or sleeping problems
- Oral health
- Developmental and behavioral

## Will all services be covered?

EPSDT covers services that are medically necessary. This ensures that your child has access to health care that meets their needs.

When a service is not listed as a covered service or goes beyond the designated limit, your provider can submit a request for additional services. Requests are reviewed on a case-by-case basis to determine if the services are medically necessary.

EPSDT is a valuable program that ensures children and teenagers receive the health care they need to grow up healthy and strong. By taking advantage of EPSDT, you can help protect your child's health and give them the best chance for a bright future.

**Make sure to use this program to its fullest by staying on top of your child's medical care and regularly visiting the doctor.**



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