

Commitment to Communication

From your Provider Relations Team



nh healthy families™

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SBIRT (Screening, Brief Intervention, and Referral to Treatment) Billing Tip Sheet

What is SBIRT?

SBIRT services are defined as alcohol and/or substance (other than tobacco) use assessment (for example, Alcohol Use Disorders Identification Test, Drug Abuse Screening Test) and brief intervention. SBIRT is a comprehensive, integrated, public health approach to the delivery of early intervention and treatment services for persons with substance use disorders, as well as those who are at risk of developing these disorders. Primary care centers, hospital emergency rooms, trauma centers, and other community settings provide opportunities for early intervention with at-risk individuals.

Billing SBIRT Codes

In accordance with the New Hampshire Department of Health & Human Services (DHHS), SBIRT codes are billed as follows:

CPT Code	Description
99408	Alcohol and/or substance (other than tobacco) abuse structured screening (eg, AUDIT, DAST), and brief intervention (SBI) services; 15 to 30 minutes
99409	Alcohol and/or substance (other than tobacco) abuse structured screening (eg, AUDIT, DAST), and brief intervention (SBI) services; greater than 30 minutes

Billing Tips

1. SBIRT must be conducted by a medical provider. SBIRT is not intended for use by behavioral health providers.
2. SBIRT is not separately reimbursable when billed alongside E&M inpatient/outpatient visits or an FQHC encounter. SBIRT is separately reimbursable alongside preventative care E&M visits.
3. NH Healthy Families follows all National Correct Coding Initiative (NCCI) edits for SBIRT billing.

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