

## Commitment to Communication

*From your Provider Relations Team*



**nh healthy families™**

2 Executive Park Drive  
Bedford, NH 03110

## Written Consent and Care Coordination Best Practices: Mental Health, Substance Use Disorder Services & Primary Care

Did you know?

- ▶ As many as **40%** of all patients seen in primary care settings have a mental illness. \*
- ▶ **27%** of Americans will suffer from a substance use disorder during their lifetime. \*
- ▶ **80%** of patients with behavioral health concerns present in ED or primary care clinics. \*
- ▶ Approximately **67%** of patients with behavioral health disorders do not receive the care they need. \*
- ▶ **68%** of adults with mental health disorders have comorbid chronic health disorders, and **29%** of adults with chronic health disorders have mental health disorders. \*

Working across health care settings to exchange the most critical pieces of information about a shared patient can help facilitate access to care and improve Member outcomes.

NH Healthy Families strives to ensure that behavioral health and physical health services are well integrated and care is coordinated between Providers to the maximum extent possible.

We believe the exchange of health information is an essential element of high-quality and cost-effective healthcare. Release of information (ROI) is critical to the quality of the continuity of care provided to the Member.

At the same time, prevention, early detection, and treatment of behavioral health conditions has been shown to improve physical and community health. Our Providers play a vital role in coordinating care and promoting whole health wellness for Members. NH Healthy Families encourages you to discuss obtaining an ROI for a Members PCP, BH Provider or any other specialists as appropriate.

Please visit our website at <https://www.nhhealthyfamilies.com> to access the NH Healthy Families Provider Manual and learn more.

Sincerely,

NH Healthy Families

\*Source: <https://www.samhsa.gov/>

Like us on Facebook and Twitter  
to stay in touch with initiatives  
and happenings around the state.  
#NHhealthy



1-866-769-3085

TDD/TTY: 1-855-742-0123

**NHhealthyfamilies.com**