



I decide which Medicaid plan is right for us.



I choose nh healthy families™

## Your Benefits at a Glance

NH Healthy Families offers:

### HEALTH EXTRAS AT NO COST TO YOU!

#### INTEGRATED, COMPREHENSIVE MEDICAID BENEFITS

NH Healthy Families covers all NH Medicaid medical, behavioral health, pharmaceutical and preventive care services. Included in our coverage you will find:

##### Integrated Care Management Program

Local medical and behavioral health care managers working together for you

##### Preventive Care Coverage

Screenings, vaccinations, check-ups, well-child visits

##### Member Services

For help with understanding benefits, finding a provider, local resources, plan an appointment and find transportation for you

##### Health Coaches

For help with chronic ongoing conditions like asthma, diabetes and more

##### 24/7 Nurse Advice Line

An extension of our team who will answer questions or give you advice when you aren't sure what to do

##### Transportation

Mileage reimbursed or rides available for covered care and services

\*Some restrictions and limitations apply. Each member can earn up to \$250 in cash and non-cash goods and services through June 30 each year.

##### myhealthpays®\*

##### Rewards Program

Earn money for healthy behaviors. You choose how to spend your rewards

##### MemberConnections®

At-home outreach to help you with your medical and social service needs

##### Start Smart for Your Baby®

Pregnancy program for education, support, and myhealthpays®\* rewards

##### Healthy Kids Club Program

Educational program with fun activities for members 12 and under

##### Ready for My Recovery

Care Management education and myhealthpays®\* rewards for achieving milestones in your recovery from substance misuse

##### Cigarettes, Smokeless Tobacco or Vaping Cessation Program

Help to quit using cigarettes, e-cigarettes or vaping

##### ConnectionsPLUS®\*

Complimentary cell phones for those who need them

#### GATEWAY SERVICES

NH Healthy Families cares about our community. Gateway Services provides social supports to members and communities AT NO COST.

##### Green-To-Go

Offering fresh fruits and vegetables to communities throughout the state

##### Vision Van

Bringing vision screenings, prescription glasses and readers to communities in every region in New Hampshire

##### Self-Care Kits

Essential grooming items in a convenient carrying case for those who need them

##### No One Eats Alone™

Student-led initiative to increase awareness and address social isolation in schools

##### Foster Care Comfort-To-Go

Durable duffle bags with personal items for youth transitioning to Foster Care

##### Bombas Socks

Providing warm, high-quality socks for those who need them

NHhealthyfamilies.com • 1-866-769-3085 • TDD/TTY: 1-855-742-0123