

# Commitment to Communication

From your Provider Relations team.



2 Executive Park Drive • Bedford, NH 03110

## COVID-19 and Suicide Prevention Webinars

Dear Providers,

The Association of Clinicians for Underserved Populations (ACU) has partnered with NH Healthy Families and Ambetter from NH Healthy Families on the creation and successful piloting of a suicide prevention training specifically for primary care clinicians. In lieu of face-to-face trainings, ACU has adapted the training to webinar format. The curriculum has been adapted to address the anticipated increase in suicide relative to COVID19 for the general public and for health care providers particularly.

The following webinars will be available for all providers to participate in free of cost.

### Identifying and Caring for Patients at Risk for Suicide during the COVID-19 Pandemic

Wednesday, April 29, 3:00 PM ET

COVID-19 is exacerbating risk factors for suicide, which is being reflected in significant increases in calls to local and national suicide hotlines. Many patients who die by suicide visited their primary care provider within the month of their death, and most were not connected to mental health treatment. As such, primary care providers and their teams are in a unique and critical position to identify and care for patients at risk for suicide.

This training provides concrete steps for primary care providers to identify and care for patients at risk for suicide. Providers will learn how, during the course of any primary care visit (including telephonic visits), to provide suicide safer care and gain a greater understanding of suicide and risk. Join this informative webinar, and a community of over 1500 primary care providers and their teams who have been trained to date, to gain practice tips and knowledge on how to provide evidence-based primary care treatment to patients at risk for suicide.

*Presenter:*

*Virna Little, PsyD, LCSW-r, SAP, CCM, Chief Operating Officer, Concert Health*

Register here: <https://event.webinarjam.com/register/2/vorv0t7>

1-866-769-3085 (NH Healthy Families)

1-844-265-1278 (Ambetter)

TDD/TTY: 1-855-742-0123

NHhealthyfamilies.com  
ambetter.nhhealthyfamilies.com

## **Caring for the Healers: Preventing Suicide Among Providers**

Wednesday, May 6, 3:00 pm ET

Physicians and other providers are particularly vulnerable to negative mental health effects and increased suicide risk during the COVID-19 pandemic, likely due to balancing the duty of caring for their patients and the concern for their own health and wellbeing and that of their friends and family.

This training will provide specific tactics to help support your primary care providers and team members through systematic and organizational approaches to address suicide risk and prevent deaths by suicide among employees. Learn how to create a response plan that can be applied during the COVID-19 pandemic to help your organization reduce the risk for suicide across your providers and team members.

*Presenter:*

*Virna Little, PSyD, LCSW-r, SAP, CCM, Chief Operating Officer, Concert Health*

Register here: <https://event.webinarjam.com/register/1/4qmgwfx>

Sincerely,

NH Healthy Families  
Ambetter from NH Healthy Families